

To
The Co-ordinator, IQAC
Kharupetia College



Sub: Submission of Activities Report on 7 days Workshop of Yoga

Dear Sir,

I am glad to inform you that a 7 days Yoga Workshop was held on 24-5-23 to 30-5-23 in Kharupetia College on the initiative of the & IQAC Kharupetia College. A total number of participants including teachers and students took part in the.....

Details of the programme are as follows:

- I. Name/Title of the programme: 7 days Yoga Workshop
- II. Date of the programme: 24-05-2023 to 30-05-2023
- III. Organising Agency: COBRA CRPF, Yoga Cell, Games and sports IQAC
- IV. Place where organized: Hall No. A.T. - 2
- V. No. of participants: 51
 - a) Students: 46
 - b) Teachers: 05

VI Impact/ Outcome of the programme: Participants were well demonstrated about the exercises of Yoga and made them understand about the benefit of Y.

Signature of the Convenor
Yoga Cell
Kharupetia College

Co-ordinator
IQAC
Kharupetia College

Submitted
to
IQAC
30/5/24

Principal
Kharupetia College



Notice

Date: 23-05-2023

It is hereby informed to all the honourable teachers and students of Kharupetia College that a ~~7~~ **7 days “YOGA WORKSHOP”** is going to be held from 24-05-2023 to 30-05-2023 at Hall No. A.t.2 of the College by 10.00 am in collaboration with 210 CoBRA CRPF, Dalgaon, Games Out door and IQAC, Kharupetia College.

So all the students and honourable teachers are cordially requested to participate the said programme .

With regards



J.M.Dev Sarma

Co-ordinator, Yoga Committee

Kharupetia College

Kharupetia College

Co-ordinator
IQAC
Kharupetia College



7 days Yoga Workshop

Organised by Yoga Committee, 2nd Cobra CRPF, Dalgan, Game Outdoor & IQAC, Kharupetia College

Date: 24th May to 30th May, 2023

Time: 10.00 AM.

Venue: Kharupetia College. Itanagar

A six days workshop on Yoga, was held at Kharupetia College which was organised by the Yoga Committee, Games Outdoor & IQAC, Kharupetia College and inaugurated today by the principal, Kharupetia College with the presence of the teachers, students and employees of the college with the following agenda:

- 1) Inaugural speech by the Principal, Kharupetia College — Dr. M. S. Kalita.
- 2) Welcome and felicitation to the resource person by the college authority.
- 3) Beginning of the programme.

Signature of the attendees:

1) Dr. M. S. Kalita 24/05/2023

Co-ordinator
IQAC

Kharupetia College

Principal
Kharupetia College

2) [Signature]

3) Teerendra Mohan DeBarna



4) Monwar Ali

5) Saif Akbar

6) Aledus Somad

7) Ruyoti Kalite

8) Hariz Tamar

9) Saleb Ali

10) Somjit Hussain

11) Manwar Ali

12) Baki Billa

13) Nurul Islam

14) Miganur Rahman

15) Taufiq Quddus

16) Mirza Gias

17) Iqbal Ali

18) Iman Ali

19) Halebur Raman

Co-ordinator
IQAC
Kharupetia College

Principal
Kharupetia College



- 20) Idris Ali (2)
- 21) Mahibul Hoque (2)
- 22) Dilruba Hussain (2)
- 23) Taher Ali (2)
- 24) Kulsom Khatun (2)
- 25) Hagarat Ali (2)
- 26) Inram Hussain (2)
- 27) Abdul Matin (2)
- 28) Jahura Khatun (2)
- 29) Mojammi Hoque (2)
- 30) Makbul Hoque (2)
- 31) Agad Ali (2)
- 32) Nurul Amin (2)
- 33) 2200 2211 (2)
- 34) 2200 2211 (2)
- 35) 2200 2211 (2)

Co-ordinator
IQAC
Kharupetta College

Principal
Kharupetta College



36) Tajjmul Hoque

37)

Jahidu Khatun

38)

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39)

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40)

Nazmul Hoque

41)

Tamjid Hussain

42)

Bilal Hoque Choudhury

43)

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44)

Satadal Ali

45)

Tahagir H. Choudhury

46)

Md. Kiral Ali

47)

Tarid Hussain

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49)

Mijanur Islam

50)

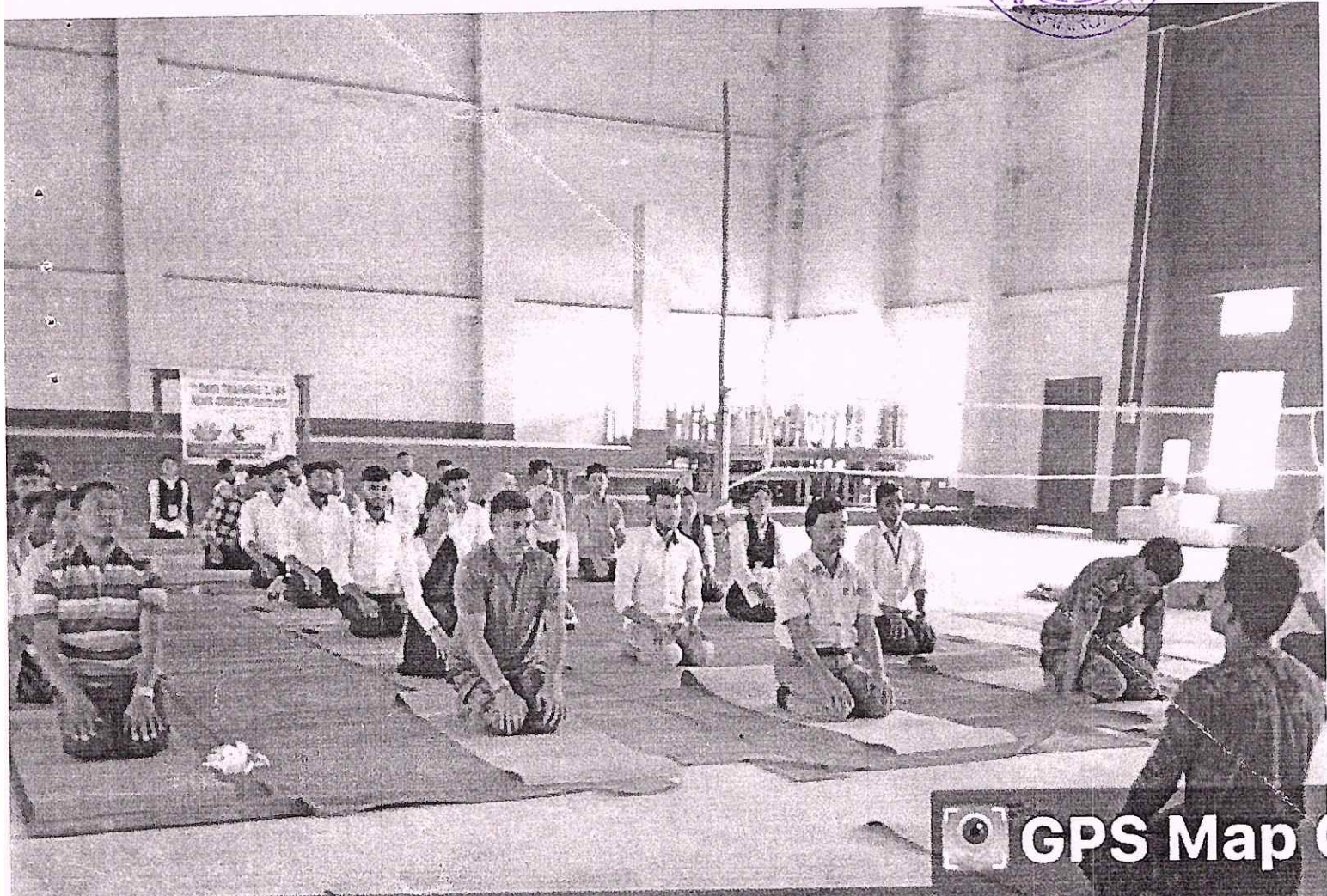
Murad Islam

51)

Regia Sultana

Co-ordinator
IQAC
Kharupatia College

Principal
Kharupatia College



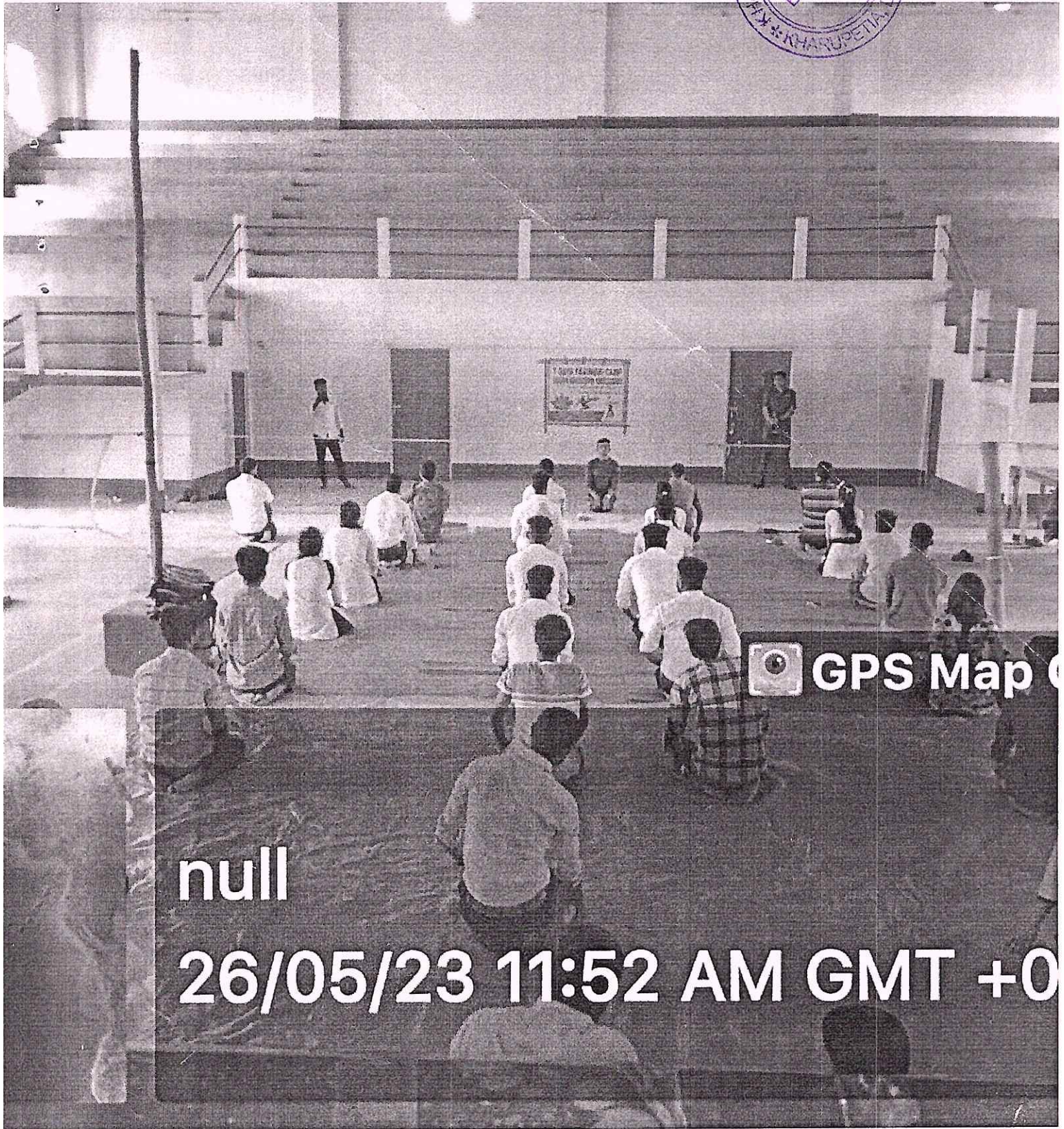
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Co-ordinator
IQAC
Kharupetia College


Principal
Kharupetia College



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Co-ordinator
IQAC
Kharupetia College

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Principal
Kharupetia College

Seven Days Workshop on Yoga from
24th May to 30th May 2023



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